Cut off the strip on the bottom and cut out the bed and the figure of the paralytic. Then, fold the mat in half, following the dashed line (the colored part should face outwards), and place the figure of the paralytic inside. Make the four holes marked on the bed of the paralytic, and one marked at the roof opening of the house. Pass a piece of yarn through the holes in the bed and roof opening, to simulate that the paralytic is descending.





