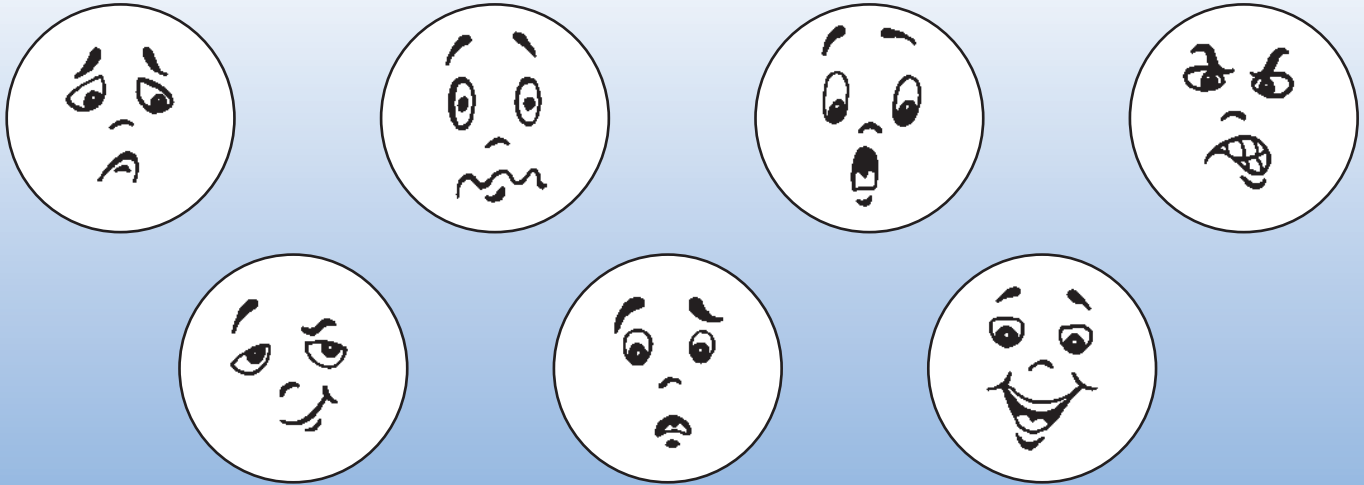


# How Do You Feel?



Color the face that shows how you feel right now.

Respond "yes" or "no" to the following questions:

Four horizontal colored strips (blue, orange, green, red) on the left side, separated by a vertical dashed line, intended for cutting out to cover questions.

Have I done something that I had to use a lot of energy to do?

Do I feel tired?

Am I hungry?

Do I feel that God is far away from me?

YES NO

1  
2  
3  
4

Did you answer "Yes" to any of the questions? If so, cut out the colored strips on the left side and fold them to cover the questions you answered "Yes" to. Tell someone who can help you about the questions you said "Yes" to and see if they can help you not to have doubts.